



**LIVING DONOR CANDIDATE
PROCESS TIMELINES**





1

Complete Breeze, Record 5 Blood Pressure Readings & Take Donor Education Class

Once your Breeze questionnaire is received by the donor team, a Donor Coordinator at the University of Utah Health will review your medical history.

Within 1 week of completing Breeze, a medical assistant will email you instructions on how to record your blood pressure (BP) 5 times. They will also tell you more about a Donor Education class that you will be required to take. You will need to reply to this email with your 5 blood pressure readings and indicate when you will take the Donor Education class which is offered on Fridays.

Once you complete your 5 BP readings, and take the Donor Education class, an Independent Living Donor Advocate will contact you within 1 week to interview you. This is a quick, 5-minute phone call to introduce the Independent Living Donor Advocate and their role.

2

Discuss Breeze Questionnaire, Complete Labs & Discuss Results

Within a week of connecting with your Independent Living Donor Advocate, an RN will contact you to review the Breeze Questionnaire and discuss the next step, completion of your labs. This is a 20-minute call. The nurse will either help you get set up to come in for your lab testing if you are local, or will explain how they will mail a kit to you if you are not local to take to your local Quest lab or community lab. The timing of the lab collection is up to you. If you want to move forward quickly, we suggest completing your labs right away. It is important that you notify your Independent Living Donor Advocate and RN when and where you completed labs. Please make sure you have followed up with your team once you have completed this step.

Once the Living Donor Team has been notified that labs have been completed, the RN will contact you within 7-10 business days to discuss your results.

3

Call with Your Social Worker, Clinic Appointment & Scheduling Surgery

If your labs indicate you can proceed with testing, a social worker will call you within 1 week of your call with the RN. Your call with your social worker will last approximately 1 hour. Once the social worker has cleared you, an assistant from the Living Donor Team will contact you to schedule your in-person clinic appointment at the University of Utah. The clinic appointment will last approximately 4-5 hours.

Once donor testing is completed, your information is presented to Interdisciplinary committee. If approved, surgery can be scheduled at donor's convenience. The soonest a surgery can be scheduled is within 4 weeks.



4

Pre-Op Visit

One week prior to your scheduled surgery, you will need to complete pre-op labs and a kit will be sent to your home. These tests can be completed at a lab near your home and are time sensitive. You will also need a pre-op surgical appointment which can be virtual or in person (whichever you prefer).



5

Surgery & Recovery

You will be admitted to the hospital the morning of surgery. Surgery is usually in the morning, before noon, and takes approximately 2-4 hours. The hospital length of stay is 1-2 days. If you live more than 5 hours away, you will want to stay local for about 2-3 days following your hospital discharge. You can travel home by car or plane and will need a caregiver for 2 weeks post donation.

Once you are recovering at home, you will have a post-discharge follow-up call within one week of being discharged. During this call, an RN will check in with the to see how you are doing.



6

2-Week Post-Op Visit

Your post-op visit will occur two weeks after your surgery. It can be virtually or in person, whichever you prefer. This is a 10-minute visit. There are no labs completed at this time.

7

6 & 12 Month Follow Up Visits

You will need to complete labs and a health questionnaire 6 months and 12 months post donation. The questionnaire is emailed to you and your labs can be completed near your home. A one-year post donation appointment is available to any donor who wishes to be seen in-person, but it is not mandatory. It's extremely important that you complete these surveys and make your follow-up appointments. Ongoing data needs to be collected on donors and we can't collect that data unless you participate.

8

2 Year Post-Op

Two years after your surgery, you will be asked to complete labs and a follow up questionnaire. No post-op visit is needed at this time.



University of Utah Health's kidney transplant program has been caring for patients with end-stage renal disease since 1965. In 1977, the program became a Medicare-approved center. Since that time, we have continued to do a high number of adult and pediatric kidney transplants with survival rates higher than the national average.

We know that patients have unique needs. We provide different types of kidney transplantation to best serve patients and their families. Our kidney transplant program takes a multidisciplinary approach, providing patients access to a team of health care professionals who are experienced in all medical and surgical aspects of transplantation, including board-certified adult and pediatric transplant nephrologists.



The Giftworks program has three pillars designed to serve both the kidney recipient and anyone who steps forward to be tested as a living donor. We believe that just as recipients deserve education and support, so too do the generous people that step forward as living donors. Our goal is to make sure that both the recipient and the donor feel equally supported, empowered, and part of an amazing exchange that is both lifesaving and beautiful.



50 North Medical Dr. E-2400
Salt Lake City, Utah 84132

healthcare.utah.edu/transplant/kidney/