

LEZLIE IS IN NEED OF A LIVING KIDNEY DONOR

ARE YOU INTERESTED IN DONATING?

If so, we want to thank you! We know this is a big "ask." We also know you may have questions and possibly concerns. We're sharing this flyer in the hope that we can provide you with the information you need to make an informed decision.

Know that even thinking about being Lezlie's living kidney donor is a courageous step and we are grateful for you!

UPDATES

One year after Lezlie started the PhD program in Musicology at the University of Colorado-Boulder (1995), she had some health changes that required medical tests and was diagnosed with Polycystic Kidney Disease (PKD). It's a genetic disease in Lezlie's family, one that her older sister and older brother had been diagnosed with, too. Lezlie is currently on dialysis and was informed of her need for a kidney transplant in 2020 as her kidneys were deteriorating.

WHY A LIVING DONOR?

Waiting 3-5 years for a kidney from a deceased donor is not the best path forward for Lezlie. With a living donor, Lezlie can get her kidney transplant sooner! Research has shown that when patients receive a kidney from a living donor, the outcome is generally better. Living kidney donation is also ideal because kidneys from living donors last longer than a deceased donor and there is a lower chance Lezlie's immune system will attack her new kidney (rejection).



ARE YOU INTERESTED IN DONATING?

YES! I'M INTERESTED

If you are interested in becoming Lezlie's living kidney donor please visit yourgiftworks.com/lezieb and complete the short contact form. A donor advocate will reach out to you within one business day to answer any questions you may have and will guide you through the next steps in the process.

YES! BUT I HAVE QUESTIONS & CONCERNS

Having questions is normal! We have a great resource available. Please visit [Lezlie's kidney website](https://yourgiftworks.com/lezieb) and complete the contact form. A donor advocate named Laurie will reach out to you. Laurie is a living kidney donor who can answer any non-medical questions you may have, guide you through the process, and connect you to great resources.

NO, BUT I WANT TO HELP

Thank you! The best way you can help is by following [Lezlie's Kidney Facebook Page](https://www.facebook.com/lezieb) and sharing posts from her page as much as possible. The more shares we get, the more people we can reach, and the better chance we will have of finding Lezlie's courageous donor.

COMMON QUESTIONS AND ANSWERS

WAS LEZLIE'S FAMILY TESTED?

Unfortunately, the kidney disease (PKD) that Lezlie has is genetic, which means several of her close family members already have it or could have it. Therefore, they are not eligible to donate to Lezlie. It's important to know that, in some cases, the best living donor is one who is *not* a family member.

DO I NEED INSURANCE TO DONATE?

While Lezlie's insurance will provide coverage for the donor's testing and surgery, the donor needs to have their own health insurance in the rare event any unknown health issues come up for the donor.

WHAT ABOUT MY EXPENSES?

While Lezlie's insurance covers all costs related to the donation (for Lezlie and the donor), there are expenses that are related to the actual surgery for the transplant, like travel, meals, and lost wages that you may be reimbursed for. There are financial resources available to ensure you are not paying for anything out of pocket. We can provide more information on those resources, if interested.

WHAT ARE THE REQUIREMENTS TO DONATE?

The following are pre-qualification requirements for living donation: must be between the age of 18-69 years old, must be healthy and free of major health problems such as high blood pressure, diabetes, heart disease, and obesity (BMI of 37 or less), and must be mentally and emotionally healthy.

HOW LONG IS THE RECOVERY PROCESS?

Living kidney donors are often able to return to work within 2 weeks, and fully heal within 6-8 weeks. After surgery, the donor's remaining kidney will grow in size and function, allowing them to live normal life with just one kidney.

I HAVE NON-MEDICAL QUESTIONS ABOUT BECOMING A DONOR?

Visit Lezlie's kidney website and complete the contact form. Within 1 business day, a donor advocate named Laurie will reach out to you. This is an excellent opportunity to speak with someone who has already donated a kidney and can not only answer your non-medical questions, but share more about their experience as a donor. If you have medical questions, we can connect you to the appropriate team member at the University of Utah Health.

WHAT HAPPENS IF LEZLIE DOES NOT FIND A LIVING KIDNEY DONOR?

The ideal outcome for Lezlie is to find a living donor. She has already battled so much with her kidney disease that being on the kidney transplant waiting list for 3-5 years is simply not ideal. Long-term dialysis is not ideal as it can lead to a variety of complications such as low blood pressure (which causes dizziness), blood clots, and death.



WHAT ELSE CAN I DO TO HELP?

1. Share Lezlie's story with those you know. Send them the link to her website or share this brochure.
2. Follow [Lezlie's Kidney Facebook Page](#). This page will educate interested donors and allow us to reach more people. You can help by sharing Lezlie's Facebook page with your family and friends. Doing so will make a huge difference.
3. "Like" and "Share" the posts on [Lezlie's Kidney Facebook Page](#). The more the posts are shared, the more people we will reach, and the better chance we will have of finding Lezlie's living kidney donor.

Please know that we are so grateful for your support. We appreciate your help, prayers, and kind words as Lezlie

continues her transplant journey. Lezlie specifically asks for your prayers!