

RICH IS IN NEED OF A LIVING KIDNEY DONOR

ARE YOU INTERESTED IN DONATING?

If so, we want to thank you! We know this is a big "ask." We also know you may have questions and possibly concerns. We're sharing this flyer in the hope that we can provide you with the information you need to make an informed decision.

Know that even thinking about being Rich's living kidney donor is a courageous step and we are grateful for you!

UPDATES

Rich has been living with polycystic kidney disease (PCKD) for many years. There are cysts growing around his kidney that essentially choke off the ability for his kidney to function. He first learned of this disease when his mother had to have a kidney transplant many years ago due to the same disease. Subsequently, he learned that this is an inherited disease and that his brother, sister, and their kids are also very likely to develop it as well.

WHY A LIVING DONOR?

Waiting 3-5 years for a kidney from a deceased donor is not the best path forward for Rich. With a living donor, Rich can get his kidney transplant sooner and avoid dialysis. Research has shown that when patients receive a kidney from a living donor, the outcome is generally better. Living kidney donation is also ideal because kidneys from living donors last longer and there is a lower chance Rich's immune system will attack his new kidney (rejection).



ARE YOU INTERESTED IN DONATING?

YES! I'M INTERESTED

If you are interested in being Rich's living donor, please [visit his site yourgiftworks.com/richardc](https://yourgiftworks.com/richardc) and complete the short contact form. A donor advocate will reach out to you within one business day to answer any questions you may have and will guide you through the next steps in the process.

YES! BUT I HAVE QUESTIONS & CONCERNS

Having questions is normal! We have a great resource available. Please visit [Rich's kidney website](https://yourgiftworks.com/richardc) and complete the contact form. A donor advocate named Laurie will reach out to you. Laurie is a living kidney donor who can answer any non-medical questions you may have, guide you through the process, and connect you to great resources.

NO, BUT I WANT TO HELP

Thank you! The best way you can help is by [following Rich's Facebook page](https://www.facebook.com/richardc) and sharing posts from his page as much as possible. The more shares we get, the more people we can reach, and the better chance we will have of finding Rich's courageous donor.

COMMON QUESTIONS AND ANSWERS

WAS RICH'S FAMILY TESTED?

The disease Rich has is inherited and therefore his immediate family is unable to donate. Rich's family is originally from Argentina. Only his immediate family and some estranged cousins live in the US. In some cases, the best living donor is one who is not a family member, even when family members do step forward to donate.

DO I NEED INSURANCE TO DONATE?

While Rich's insurance will provide coverage for the donor, the donor needs to have their own health insurance in the rare event an unknown health issues comes up for the donor.

WHAT ABOUT MY EXPENSES?

While Rich's insurance covers all costs related to the donation (for Rich and the donor), there are expenses like travel, meals, and lost wages that Rich can legally reimburse you for. There are also additional resources available to ensure you are not paying for anything out of pocket. We can provide more information on those resources.

WHAT ARE THE REQUIREMENTS TO DONATE?

The following are pre-qualification requirements for living donation: must be between the age of 18-69 years old, must be healthy and free of major health problems such as high blood pressure, diabetes, heart disease, and obesity (BMI of 37 or less), and must be mentally and emotionally healthy.

HOW LONG IS THE RECOVERY PROCESS?

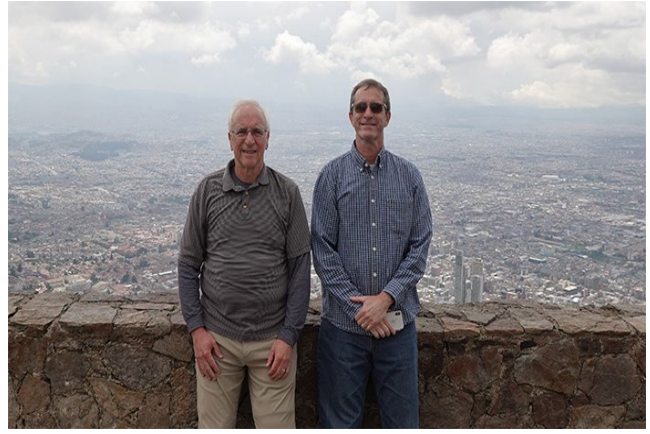
Living kidney donors are often able to return to work within 2 weeks, and fully heal within 6-8 weeks. After surgery, the donor's remaining kidney will also grow in size and function, allowing them to live normal life with just one kidney.

I HAVE NON-MEDICAL QUESTIONS ABOUT BECOMING A DONOR?

[Visit Rich's Kidney website](#) and complete the contact form. Within 1 business day, a donor advocate named Laurie will reach out to you. This is an excellent opportunity to speak with someone who has already donated a kidney and can not only answer your non-medical questions, but share more about their experience as a donor. If you have medical questions, we can connect you to the appropriate team member at the University of Utah Health.

WHAT HAPPENS IF RICH DOES NOT FIND A LIVING KIDNEY DONOR?

The ideal outcome is for Rich is to find a living donor. He has already battled so much with his polycystic kidney disease (PCKD) that being on the kidney transplant waiting list for 3-5 years is simply not ideal. To date, he has not needed dialysis. Dialysis is also not ideal as it can lead to a variety of complications such as low blood pressure, injection site infection, and blood clots.



WHAT ELSE CAN I DO TO HELP?

1. Share Rich's story with those you know. Send them the [link to his website](#) or share this brochure.
2. Follow [Rich's Kidney Page on Facebook](#). This page will educate interested donors and allow us to reach more people. You can help by sharing Rich's Facebook page with your family and friends. Doing so will make a huge difference.
3. "Like" and "Share" the posts on [Rich's Facebook page](#). The more the posts are shared, the more people we will reach, and the better chance we will have of finding Rich's living kidney donor.

Please know that we are so grateful for your support. We appreciate your help, prayers, and kind words as Rich continues his transplant journey.